

## PUBLIC SERVICE ANNOUNCEMENT

**For release during June 2019**

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**SUBJECT: JUNE IS MEN'S HEALTH MONTH**

**Time: 60 seconds**

June is Men's Health Month.

Abdominal aortic aneurysm, also known as triple A, is a relatively common condition among older male smokers that can lead to sudden death. Yet, triple A is highly treatable if detected early.

Triple A is usually seen in men over the age of 60. It often shows no symptoms and can slowly grow in size over a period of years. As the aneurysm grows, the chance that it will burst or rupture also grows. It is estimated that only one in five people will survive a ruptured triple A.

Signs of a triple A rupture may include intense abdominal or back pain and trouble breathing. A family history of triple A, smoking, high cholesterol and high blood pressure can increase your risk for the condition.

Men between the ages of 65 and 75 who have smoked should undergo a one-time ultrasound screening test, even if they are experiencing no symptoms.

Knowing the risk factors for triple A and getting screened can help save your life.

For more information, visit *RadiologyInfo.org*.

This health reminder is from the Radiological Society of North America.

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