PUBLIC SERVICE ANNOUNCEMENT

For release during February 2018
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SUBJECT: FEBRUARY IS AMERICAN HEART MONTH
Time: 60 seconds

February is American Heart Month.

According to the Centers for Disease Control and Prevention, heart disease causes more than 600,000 deaths in the United States each year.

Coronary artery disease is the most common form of heart disease and a major cause of heart attack. It occurs when plaque builds up along the walls of the heart’s arteries, causing them to narrow and limit blood flow.

High blood pressure, high cholesterol, smoking, diabetes, obesity and lack of exercise can increase your risk of developing coronary artery disease. Age, gender and family history of heart disease also play a role.

Your doctor can screen for heart disease using a variety of tests, including calcium scoring with cardiac CT, which can identify plaque buildup.

Ask your doctor if you’re at risk for coronary artery disease and whether cardiac screening is right for you.

For more information about cardiac screening, visit RadiologyInfo.org.

That’s RadiologyInfo – one word – dot O – R – G.

This health reminder is from the Radiological Society of North America.

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