

PUBLIC SERVICE ANNOUNCEMENT

For release during February 2019

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SUBJECT: FEBRUARY IS AMERICAN HEART MONTH

Time: 60 seconds

February is American Heart Month.

According to the Centers for Disease Control and Prevention, heart disease is the leading cause of death in the United States. In fact, one in every four deaths is caused by heart disease each year.

High blood pressure, high cholesterol, smoking, diabetes, obesity and lack of exercise can increase your risk of developing heart disease. Age, gender and a family history of heart disease also play a role.

Coronary artery disease is the most common form of heart disease and a major cause of heart attack. It occurs when plaque builds up along the walls of the heart's arteries, causing them to narrow and limit blood flow.

Your doctor can screen for heart disease using a variety of tests, including calcium scoring with cardiac CT, which can identify plaque buildup.

Ask your doctor if you're at risk for coronary artery disease and whether cardiac screening is right for you.

For more information, visit *RadiologyInfo.org*.

That's RadiologyInfo – one word – dot O – R – G.

This health reminder is from the Radiological Society of North America.

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