

PUBLIC SERVICE ANNOUNCEMENT

For release during June 2026

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SUBJECT: JUNE IS MEN'S HEALTH MONTH

Time: 60 seconds

June is Men's Health Month.

Abdominal aortic aneurysm, or triple A, is a common condition that can lead to sudden death among older male smokers. It is treatable if detected early.

Triple A is usually seen in male smokers over the age of 60. The aneurysm often shows no symptoms and can slowly grow in size over a period of years. As it grows, the chance that it will burst or rupture also grows. Few people will survive a ruptured triple A.

Signs of a triple A rupture may include sudden, intense abdominal or back pain and trouble breathing. Smoking, high cholesterol, high blood pressure, and a family history of triple A can increase your risk.

All men between the ages of 65 and 75 who have smoked should undergo a one-time ultrasound screening test, even if they show no symptoms.

For more information, visit Radiology-Info-dot-org.

That's Radiology Info – one word – dot O-R-G.

This health reminder is from the Radiological Society of North America.

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