

PUBLIC SERVICE ANNOUNCEMENT

For release during January 2026

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SUBJECT: JANUARY IS THYROID AWARENESS MONTH

Time: 30 seconds

January is Thyroid Awareness Month.

Thyroid disease occurs when the thyroid gland produces too much or too little hormone.

Symptoms may include fatigue, skin changes and hair loss.

Smoking, diabetes, autoimmune disease, iodine intake, and advanced age can increase your risk.

Women have a much higher risk for thyroid disease than men.

For more information, visit Radiology-Info-dot-org.

This health reminder is from the Radiological Society of North America.

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