

#### **THE MEASURE OF TRUTH:**

Determining whether absolute values of leg lengths are incorrectly being measured and reported on pediatric teleoroentgenogram leg length studies.

A Clinical Audit

Sana Rashid, BSc<sup>1</sup> Dana Hager, MRT(R)<sup>2</sup> Kelly Ainsworth DC, MD, FRCPC<sup>1,2</sup>

<sup>1</sup>Michael G. DeGroote School of Medicine, McMaster University <sup>2</sup>McMaster Children's Hospital Diagnostic Radiology Department

No Financial Disclosures to Report

# Introduction

- Leg length discrepancies (LLD) are relatively common with only 25 -50% of the general population estimated to have legs of equal lengths
- A LLD > 2 cm is considered clinically significant
- LLD should be diagnosed and managed in childhood to prevent issues with gait, and development of scoliosis and osteoarthrosis
- The ideal method for measurement of leg lengths is via an orthoroentgenogram



Leg length discrepency may cause problems with posture such as tilted shoulders or hips and angled knees that result in limping

© 2021 Boston Children's Hospital

Image: Signs of Leg Length Discrepancies. Boston Children's Hospital. https://www.childrenshospital.org/conditions/limb-lengthdiscrepancy. Published 2021. Accessed Sept. 26, 2023



# Introduction

- At McMaster Children's Hospital, the protocol for determining leg lengths is with an *orthoroentgenogram*; yet leg lengths seem to be *reported* on *teleoroentgenogram* studies despite these studies being subject to magnification error
- The aim of this clinical audit was to assess whether absolute values of leg lengths are being included in teleoroentgenogram reports







**FIGURE 1:** Comparison of a *teleoroentgenogram* study (*left*) of an 11 year old male to an *orthoroentgenogram* study (*right*) of a 10 year old female



# Methods

- Parameters
  - 100 teleoroentgenogram leg length studies from April to May 2022
  - Age <18
- Data collected
  - Patient identification numbers
  - Ages
  - "Yes" or "No" to indicate whether there was inclusion of leg lengths
    - Measurements of leg length for "Yes" category
- Confirmation of magnification error on teleoroentgenogram by adding a ruler on select studies



#### **FIGURE 2:** *Teleoroentgenogram* study of a 9 year old female with ruler applied



# Results

#### • Demographics:

- Ages range: 1 to 17 years old
- Mean Age: 8 years and 3 months
- 44 females and 56 males
- Leg lengths reported in nearly 1/3 of studies
  - Right leg lengths reported in 31 studies, left leg lengths reported in 30 studies
- One case with > 2 cm discrepancy, considered clinically significant





## Results

• Teleoroentgenogram studies *over*estimated leg lengths by an average of 1.6 cm

• Greatest overestimation was 2.2 cm

• The older the patient, the greater the overestimation



## Discussion

- Audit shows that leg length measurements are not uncommonly (31%) being included in our teleoroentgenogram reports
- Literature has shown teleoroentgenograms can have a magnification error up to 5%, which our data supports
- Significant because has implications for orthopedic management



#### Recommendations

- On teleoroentgenogram studies, report *relative* leg lengths (i.e. percentage difference between legs) as opposed to *absolute* leg lengths (in cm or inches) to increase accuracy of radiology reports
- Limitations
  - Small sample size with only preliminary data

