

A Novel Contrast extravasation intake form To Foster Standardized Data Collection and Quality Improvement

Dongming Xu MD PhD; Hanna M. Zafar, MD, MHS; Andrea Pogozelski MPH BS RT CT MR; Achala Donuru MD MBBS; Nachiappan, Arun MD; Alexander Hollar RT R CT; Christine E Monte RT R CT; Benoit Desjardins MD PhD; Harold I Litt MD PhD; Friedrich Knollmann MD PhD

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Introduction

Contrast media extravasation (CMEX): a complication with leakage of IV contrast into the surrounding soft-tissues

- Vary in severity: minor to skin ulceration, compartment syndrome
- Incidence: 0.2% 0.23%
- CMEX: one of the most frequent adverse events in radiology but are much less studied than others such as contrast-associated acute kidney injury
- Import to recognize the risk factors to reduce complications, improve patient satisfaction at a stressful time

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Current reporting system – Safety Net



Safety Net report example

4		
Case 1	pt came over for ct scan, ruling out head bleed pt very critical iv extrav with only 60 cc of isovue in arm. injection stopped, pt brought back to ER. RN aware ordering MD aware	
Case 2	18ga RAC IV flushed without pain prior to CT scan. IV partially infiltrated during injection. Tech called radiology resident, who authorized a reinjection and came to CT to evaluate the patient's arm. Patient had no pain or numbness in her right arm. Patient's nurse made aware.	
Case 3	PT came for a CTA of the head/neck with an ultrasound guided iv. IV did not get blood return but multiple flushes were performed and no pain per pt. 60 cc of isovue 370 infiltrated in the iv. RN aware, ordering aware as well as Rad. Pt was sent to MRI for rapid stroke and will perform or decide on the testing post MRI.	Free text input
Case 4	Patient came pre-medicated for CT. Pt developed hives post injection . Rad aware, ordering aware. Patient being monitored.	
Case 5	10ml of DOTAREM and 10ml of saline extravasated during a dynamic injection - the patient did not complain of pain. After the injection there was no contrast evident on the scans. Patient's arm was checked and the skin surface was cool and hard. A new IV was placed and the exam was continued. A neuro rad came over to check the patient's arm and cleared patient.	

- Not standardized data collection
- Time consuming in a busy working environment
- Easy missing important risk factors
- Not emphasize factors contributing to extravasation
- Difficulty with collecting data retrospectively for analysis and quality improvement

Shortages of current reporting system

Purpose

- To create standardized and mandatory data collecting system
- To reduce data input time
- > To better track risk factors
- > To facilitate future data retrieval, analysis & quality improvement
- To improve patient care safety

CT Extravasation Intake Form Optimization

Problem Statement

Lack of standard data collection within the current Safety net reporting system for CT extravasations.

Background

The reporting system is time consuming in a busy work environment, not emphasizing on patient risk factors contributing to the extravasation. This leads to difficulty for retrospectively data analysis and quality improvement.

Target State: SMART Goal

To increase the standardized extravasation report by 70%, by the end of 12/2023.

Current State: Identify Target / Actual / Gap



Analysis





Sustain Plan								
Activity to sustain		Sustain method and frequency	Report to					
Create a dedicated PI project	Division head	Form a project team with a project leader and coach.	Chair					
Review data monthly	CT leader	CT team review data & trending risk factors at monthly staff meeting	Division head					
Radiologists round CT area monthly	Division head	Address any radiologist concerns the technologist may have	Chair					

Reliability Level:

 Individuals: Feedback, checklists, training, basic standards
 Procedures: Embedded standard work, reminders, constraints

(3) Systems: Process design, fail safes, physical layout, built-in feedback, automated systems, concentration of responsibility

Maturity Bars:

Progress

0: Untested idea 1: Early tests / PDCA 2: Multiple PDCAs 3: Early implementation 4: Working well in operation

Standardized data input

	А		В	С	D	E	E	F	G	н		l.	J	К
1	MRN	Patient	t status	Gender	Age	Туре		Placed by	Experience	IV cathe	eter	US guided IV	"Pressure limiting" warning	Injection location
2		Select	below category	Select below		Select I	below	Select below	Select below	Select b	elow	Select below	Select below	Select below
3 4	example	Nonco	mmunicatable	Male	> 60 yr	Inpatie	nt							Wrist
5	123456	Norma	I	Male	> 60 yr	ER		Trauma bed	Experienced	Long		Yes	▼ PS	Antecubital
6														
7														
		/												
	L		М	Ν	0			p	Q				R	
	Injection vo	n volume Injection rate Cannula size Injection route Symp		om Furth	Further step Other									
	Pls input	Is input Pls input Select below Select below		elow	Select below Select below									
	100 cc		1.5	22G	Peripher	al line	None			f	Forexa	ample: other I	B, other D, other G, o	ther H, Other I
	125		5	18G	Peripher	al line	None	Mon	tor		•			
														augn/ 9, 2024

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Drop-down list

 Patient status Normal Non communicable Un-cooperatable Unconsciousness Severe illness Obese 	Patient typeOutpatientInpatientERICU	 Catheter placed by Trauma bed ER Floor CT technician CT nurse 	Staff experienceExperiencedLess	IV catheter typeLongShort
US guided IV place - Yes - No	"Pressure limiting warning - Yes - No	9" IV injection locatio - Antecubital - Forearm - Wrist - Hand	on Cannula size - 16 G - 18 G - 20 G - 22 G	 Injection route Peripheral line US - guided Utilizing indwelling line Power injection
Symptoms - Pain - Erythema - Blister - Swelling - Tightness - Paresthesia - Compartment	syndrome	 Further step Alternative IV loc Stop & monitor Stop & send patie OK with radiologis Call surgeon 	ation ent to floor/ER st to diagnose with re	educed IV dose January 8, 2024 Penn Medicine

Result



Feedback from circulating novel input form

- Data/information being collected: satisfactory
- Mostly quick-input process
- Risk factor collection: thorough & inclusive
- Intake form: educational & informative