

PUBLIC SERVICE ANNOUNCEMENT

For release during February 2020

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SUBJECT: FEBRUARY IS AMERICAN HEART MONTH

Time: 60 seconds

February is American Heart Month.

According to the Centers for Disease Control and Prevention, heart disease is a leading cause of death for men and women in the United States.

High blood pressure, high cholesterol, smoking, diabetes, obesity and lack of exercise can increase your risk of developing heart disease. Your age, gender and family history of heart disease also play a role.

Coronary artery disease or CAD is the most common form of heart disease and a major cause of heart attack. CAD occurs when plaque builds up along the walls of the heart's arteries, causing them to narrow and limit blood flow.

Your doctor can screen you for heart disease using calcium scoring with cardiac CT, which can identify the presence, location and extent of plaque buildup.

Talk to your doctor about whether you're at risk for coronary artery disease and find out if cardiac screening is right for you.

For more information, visit *RadiologyInfo.org*.

That's RadiologyInfo – one word – dot O – R – G.

This health reminder is from the Radiological Society of North America.

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