

Ontario's Diagnostic Imaging **Appropriateness Pilot Project**

Rising Demand for MRI/CT Exams

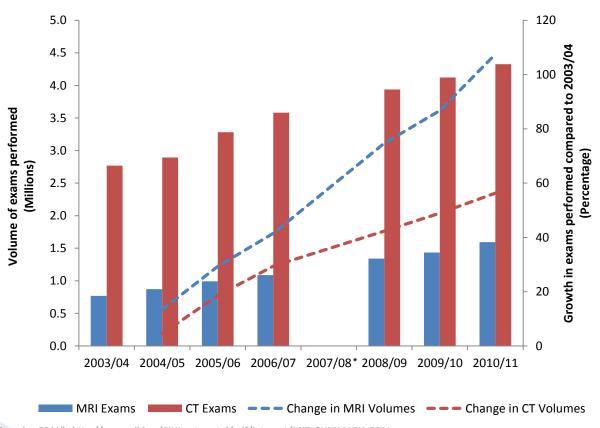
Growth in volumes of MRI and CT exams performed in Canada between 2003-2011³

Growth:

In Canada volumes of MRI and CT exams performed are increasing annually by 11% and 5%, respectively.¹

Appropriateness:

According to the Health Council of Canada approximately 30% of MRI and CT requests are inappropriate.²



^{1.} Canadian Institute for Health Information, "Medical Imaging in Canada: 2011", http://www.cihi.ca/CIHI-ext-portal/pdf/internet/MIT_SUMMARY_2011_en

^{3.} Canadian Institute for Health Information, "MIT 2011 Data Release: Static Figures and Tables", http://www.cihi.ca/CIHI-ext-portal/internet/EN/Quick_Stats/quick+stats/quick_stats_main?xTopic=Specialized%20Care&pageNumber=5&resultCount=10&filterTypeBy=undefined&filterTopicBy=13&autorefresh=1



^{2.} Health Council of Canada, "Decisions, Decisions: Family Doctors as Gatekeepers to Prescription Drugs and Diagnostic Imaging", September 2010

Ontario's Appropriateness Initiatives

2004 Phase One 2006 2009 Phase Two Present

The Ministry of Health and Long-Term Care established the MRI & CT Expert Panel to create a plan for improving Ontarians' access to MRI/CT services.

The Panel recommended integrating an electronic order entry (OE) tool with decision-support into physicians' ordering workflow.

The *Provincial MRI/CT Referral Guidelines* were published online, with over 800 indications.*

esent The Diagnostic Imaging Appropriateness Pilot Project is acting on the Panel's recommendation.

*The Provincial MRI/CT Referral Guidelines can be located at: https://www.mrictdecisionsupporttool.ca/OEBI/IndicationSearch/Help_Introduction



Pilot Description

The Diagnostic Imaging Appropriateness Pilot Project (DI-APP) implements an electronic order entry tool with evidence-based decision support for MRI/CT in community physicians' offices across Ontario.



Participant Workflow

Patient Visit



Order Entry



Referring Physician Office

Assess patient need for MRI/CT

Access online OE tool to receive feedback and place order

DI-APP intervention focus

Booking



Scheduling



Exam



Hospital Site

Receive autofaxed requisition

Schedule patient

Scan patient

Decreased booking turn around time

Decreased wait time



Participating Communities









| | Community | Toronto | Hamilton | London | Thunder Bay |
|---|---------------------------------------|---|---|---|---|
| | Hospital Type | Academic Centre | Academic Centre | Academic Centre | Academic Centre |
| ı | Est. Annual MRI/CT Volume (patients) | 72,000 | 26,500 | 18,000 | 22,500 |
| | Referring Physicians Population | Non-hospital affiliated clinic Non-hospital affiliated solo practice | Non-hospital affiliated solo practice | Hospital embedded clinics | Non-hospital affiliated clinics |

Total Participants: 12 clinics with <u>45+ referring physicians</u>

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Goals and Objectives

Goals

1. Achieve **quality care** through evidence-based practice, patient-centred care and continuous quality improvement.

2. Understand the key barriers, facilitators and lessons learned to **inform provincial roll-out**.

Objectives

A. Facilitate improvements in physician knowledge of evidence-based guidelines

B. Reduce inappropriate referral rates and associated costs

C. Reduce wait times for MRI/CT

D. Contribute to the evolution of evidence-based practice for MRI/CT ordering



Timelines

Planning

Aug. 2011 - Feb. 2012

- Plan pilot structure and evaluation
- Participant engagement
- OE tool customization

Setup

Feb. 2012 - Jul. 2012

- Privacy and security assessment
- IT system build
- Physician training

Monitoring

Aug. 2012 - Nov. 2012

- Data collection
- Change management in clinics
- Performance measurement

Evaluation

Oct. 2012 - Dec. 2012

- Data analysis
- Final report and recommendations



Key Success Factors

Successful physician engagement driven by....

- Clinician's desire to improve patient care
- Motivation to contribute to system change
- Use of a value-added ordering process
- Support from clinical champions

Successful system deployment driven by...

- Strong vendor relationship
- Utilization of pilot-wide IT expertise
- Flexible system design
- Supportive system host

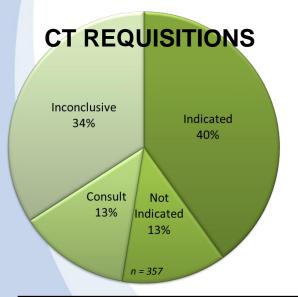
Successful privacy and security implementation driven by...

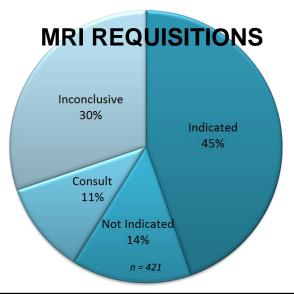
- Leveraging expert advice
- Executing robust participation agreements
- Strong hospital commitment
- Transparency



Baseline Results

Methodology: Clinical indications for approx. 800 paper requisitions were documented and put through the OE tool. The evidence-based feedback was then documented. All the hospital sites displayed similar trends.





Highlights:

- Baseline results for MRI and CT requisitions were very similar
- High proportion of "Inconclusive" results suggests the original requisitions reviewed were incomplete and/or that gaps exist in the *Provincial MRI/CT Referral* Guidelines

| Study Comparison | Inappropriate | Inconclusive** |
|---|-------------------------|---------------------------|
| DI-APP | 13% | 32% |
| Health Council of Canada | 30% | n/a |
| Manitoba Demonstration Project in Physician Demand-Side Control for Diagnostic Imaging | 11%* | 80% |
| Appropriateness of Lumbar Spine MRI in the Toronto Central LHIN | 3% (ACR) 3% (Feasby) | 64% (ACR) 81% (Feasby) |

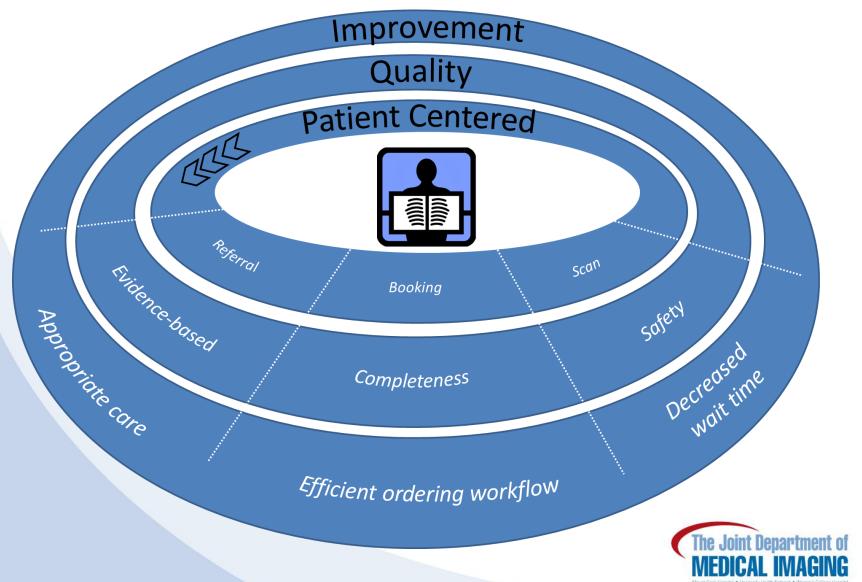
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** Inconclusive results occur when the original requisitions reviewed were incomplete and/or there was no corresponding match in the guidelines

^{*}Orders were potentially inappropriate

Improving the Patient Journey



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Performance Measures

DI-APP will use outcome and process metrics to gauge impact and success

| | Outcome Metrics | Process Metrics | | |
|-----------------------------|---|-------------------|--|--|
| Metric | Intent To measure the | Metric | Intent To | |
| Knowledge of Guidelines | Guidelines guideline recommendations proportion of initial orders that are changed to follow guidelines Requisitionproportion of orders received through the | | alert when a physician has not placed an order through the OE tool for a month | |
| Compliance | | | assess physicians' use of the OE tool compared to standard ordering practice | |
| Requisition Completeness | | | track incoming volumes from OE tool | |
| Booking Turnaround Time | | | monitor any failures in the faxing system between the OE tool and hospital | |
| Unmatched Requests | proportion of all requests that do not match the guideline terminology | Escalation Volume | track frequency and type of issues participants experience | |



Expected Outcomes

The data collection period began on September 12, 2012 and results will be compiled and made available in December 2012. The following are expected outcomes for DI-APP:

Improve Access

Decrease wait times to access MRI/CT services

Quality of Care

Increase awareness of evidence-based MRI/CT ordering guidelines

Patient Safety

Decrease inappropriate imaging exams for patients

Future Work

Provide direction for future provincial initiatives



Contact Information

- For more information please contact Lester Ly, Project Manager for the Joint Department of Medical Imaging at <u>lester.ly@uhn.ca</u>
- Thank you for your interest in Ontario's Diagnostic Imaging Appropriateness Pilot Project.



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